



District Training Event

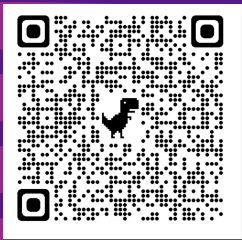
*Join us for a jam packed day
of Free CPD*

- Tea/ Coffee & Scones
- 2 Course Lunch
- Free Parking
- INTO Merchandise

Show Up, Speak Up & Look Up!

Enhance your interview technique; learn to communicate your skills and qualities confidently. Prepare for career progression; know your strengths and weaknesses. Lock in leadership skills; speak with clarity and conviction. Join us for an Interactive Workshop hosted by Nichola Lynagh and Janette Tweed.

Register Online @
[eventbrite.com](https://www.eventbrite.com)



**FREE
EVENT**

Saturday 20 May
10am - 3pm
Maldron Hotel
International Airport

'Stable Your Table'



Join Cormac Venney, founder of HiP Psychology, for an engaging and interactive workshop; where you will uncover practical and evidence-based strategies and skills to identify and reduce your stress factors.

'Ask Anything'

Don't miss the opportunity to put our panel of experts through their paces in our Q & A session. Ask Principals about the 'Do's and Dont's' of job/post applications or interviews, find out about leave entitlement or terms and conditions from Union Officials or ask School Reps about the role and duties.